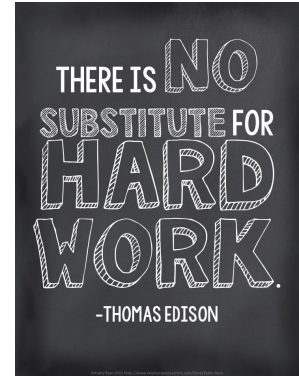


East MS 6th Grade Orchestra
Practice Sheet

Week of: _____

Name: _____

Parent Signature: _____



***Write down how many minutes you spent practicing at the bottom of the column

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Bow hold:							
Book:							
Book:							
Music:							
Music:							
Other:							
Other:							
Total minutes for the day:							

What is your goal for your practice this week?

What do you think you improved on the most this week?